

# Spring 2020 Coaching Summit



**Sponsored by the Raleigh Area Chapter of the  
International Coaching Federation**

**June 24-26, 2020**

**A Virtual Experience**

# **QUICK REFERENCE!**

## **SUMMIT PROGRAM**

### **SCHEDULE & OVERVIEW**

## **THE MOST IMPORTANT PART OF THE SUMMIT!**

The Link! Every Day!

ICF-RAC Spring 2020 Coaching Summit

Join Zoom Meeting

<https://us02web.zoom.us/j/87978888112>

Meeting ID: 879 7888 8112

Wednesday Password: Summit24

Thursday Password: Summit 25

Friday Password: Summit 26

One tap mobile

+16465588656,,87978888112# US (New York)

+13017158592,,87978888112# US (Germantown)



# SPRING 2020 COACHING SUMMIT

**JUNE 24-26, 2020**

## Overview of Spring Coaching Summit Presentations

**Wednesday,  
June 24, 2020**



Time	Wednesday, June 24
	<b>Opening Session</b>
9:30 am – 10:30 am	<p>Welcome to the Summit by ICF-RAC Program Chair (Susan L. Westbrook, Ph.D., PCC, XCC)</p> <p>ICF-RAC President's Opening Remarks (Kelly Best, MBA, CPC)</p> <p>Overview of the Summit by ICF-RAC Programs Leadership Team (Carol Locke, ACC, Richard Kurth, BA, CCPC, ELI-MP, Barton Cutter, PCC, CPCC, Beka Layton, PhD, CMC, PCC, Maryam Mohaghegh, MSc Christine Rosier, and Mindy Schrager, ACC, MBA, NCC)</p>
11:00 am – 12:00 pm	<b>Session #1: Setting the Stage</b> <i>Mindset Matters: Crisis, Choice, and Creativity</i> Susan L. Westbrook, Ph.D., PCC, XCC
12:00 – 1:00 pm	Lunch Break (no programming)
1:00 – 2:30 pm	<b>Session #2:</b> <b>"How to Zoom" Graduate Presentations - Tools and Strategies</b> <i>The Top 3 Steps to Writing Successful Proposals That Win Jobs!</i> Bellandra Foster, Ph.D., P.E., ACC <i>Having Fun While Making Reading Easier</i> Margaret A. Jerger, MA, CCC-SLP, Ph.D.
3:00 -3:45 pm	<b>Session #3: Business Matters</b> <i>Discover Your Money Archetypes and How They Impact Your Income</i> Linda Selner Vasquez, MBA, CPC
4:00 – 5:00 pm	<b>Session #4: Reflection</b> <i>2020 One Word Retrospective - What's in That One Word Now?</i> A look back at the January 2020 One Word Cutting Edge Conversations. Kelly Best, MBA, CPC, ICF-RAC President Angie Arrington, DSL, CPC, CMP
7:00 – 9:00 pm	<b>Evening Session #1: Networking and Virtual Dinner</b> Break-Out Disco Networking (7:00-7:30 pm) Speakers, Break Out Session, and Q & A (7:30 -9:00 pm) <i>The Story Behind the Story: The Power of Awareness to Create Meaningful Change</i> Lou Raye Nichol, PCC Maria Glenn, CPCC, PCC Amal Essader, MBA, CPCC, PCC, BCC





# SPRING 2020 COACHING SUMMIT

**JUNE 24-26, 2020**

## Overview of Spring Coaching Summit Presentations

**Thursday,  
June 25, 2020**



Time	Thursday, June 25
8:30 – 9:45 am	<b>Session #1:</b> <b>Pajama Workshop</b>  <b>7 Secrets for Creating a 6-Figure Signature Presentation</b> Wendy Gates Corbett, MS, CPTD
10:15 – 11:00 am	<b>Session #2</b>  <b>Defining Your Personal Leadership Brand</b> Jeanie Duncan, PCC
11:30 am – 12:30 pm	<b>Session #3: Special Topic (Executive Coaching)</b>  <b>Executive Coaching: The Ins, Outs, and Ethics</b>  Maria Glenn, PCC, CPCC and Laura Neal, ACC, CSD of Assenter Coaching and Tracy Jenkins, Ph.D., PCC of UNC Health Care
12:30 – 1:00 pm	Lunch Break (no programming)
1:00 – 2:30 pm	<b>Session #4:</b> <b>“How to Zoom” Graduate Presentations - Personal Health and Wellness</b>  <b>3 Surprising Facts about Sugar</b> Natasha V. Godwin, MSA., CPEC, FIAC  <b>Your Pandemic Journey and Staying Open to What’s Emerging</b> Abby Yanow, ACC
3:00 – 5:00 pm	<b>Session #5: Inner Work</b>  <b>The Art and Science of Not Doing (Coaching Presence)</b> Richard Kurth, BA, CCPC  <b>Understanding Unconscious Bias and its Impact in Coaching</b> Dawn Sander, M.Ed., ACC
7:30 – 9:00 pm	<b>Evening Session #2:</b> <b>Fire-Side Chat</b>  <b>Unwinding Identity: Being Present with the Source of Who We Are</b>  Presenter: Barton Cutter, PCC, CPCC Facilitator: Susan L. Westbrook, Ph.D., PCC, XCC  Includes Break-Out Discussions



# SPRING 2020 COACHING SUMMIT

**JUNE 24–26, 2020**

## Overview of Spring Coaching Summit Presentations

**Friday,  
June 26, 2020**



Time	Friday, June 26
9:00 – 10:30 am	<b>Session #1: Specialty Topic (Higher Ed SIG)</b>  <i>Coaching in the Academy: A Living Taxonomy and Landscape</i> Rebekah Layton, PhD, CMC, PCC Maryam Mohaghegh, MSc
11 am– 12:00 pm	<b>Session #2</b>  <i>Radical Resilience: Cultivating Creativity in a Fractured World</i> Annelies Gentile, MA, PCC
12:30 – 1:30 pm	<b>Special Session: Virtual Luncheon and Speaker</b>  <i>The Future of Coaching: The Role of Coaching in Social and Restorative Justice</i>  Sackeena Gordon-Jones, Ph.D., MCC ICF-CIO Global Board Director
2:00 – 3:30 pm	<b>Session #3: Moving Forward</b>  <i>RAC Quarter 3 Content Overview and Vision</i> Mindy Schrager, MBA, ACC, NCC  <b>Cutting Edge Conversation</b> <i>Holding the Container: One Word for Reflection and Moving Forward</i> ICF-RAC Programs Leadership Team
4:00 – 5:00 pm	<b>Closing Session</b>  <b>Closing Key-Note</b>  <b>SelfCare Coach Care:</b> <i>Using Radical Courage and Intuition to Protect the Coach Within</i>  Kioka Dunston, PCC, CPEC, CALC  <b>Final Words and Closing of the Summit</b>  Kelly Best, MBA, CPC, ICF-RAC President

# **SUMMIT WELCOME & IMPORTANT INFORMATION**

# **Welcome to the Summit!**

## **Welcome!**

Whether you are a coach, a trainer, or a community person curious about the topics in the Summit, we are glad you are here. And we know you will be glad you came.

Because we are offering an online program...we know there will be many questions and some uncertainty. We will try to address as many questions as we can in this Program of Events and encourage you to connect with us during the Summit to ask questions we have not anticipated.

We realize that not every session may be tailored to your areas of expertise or professional focus - we encourage you to stretch your comfort zone and try out new topics you may be less familiar with.

We also realize that some of you may have other commitments during the summit. Please feel free to come and go as you please, and enjoy as many sessions as you would like to participate in. We look forward to seeing you in the sessions throughout the Summit!

We'll see you inside!

The ICF-Raleigh Area Programs Leadership Team Chapter



# Welcome to the Summit!

## REMINDERS: Credits

### CREDIT for Participation in a Presentation

#### 1. Core Credits

CCEU credits are based on the ICF Coaching Competencies. In order to receive CCEU credit for participation in a session, you must sign in on the chat by the time the speaker begins to speak and then sign out at the end of the session.

The Summit is offering 10 CCEUs across the three days of presentations.

.One-half (.5) Ethics credit is also being offered.

#### 1. Resource Development Credits

These are credits NOT sanctioned by ICF and under the direction of the Raleigh Chapter. Up to six (6) RD credits may be applied for your ICF credential renewal.

The Summit is offering 7 Resource Development Credits across the 3 days.



# Welcome to the Summit!

## REMINDERS: Virtual Manners

Manners Matter...whether we are gathering in person or virtually.

Our Program Leadership Team would like to request that you think about this Summit like any professional meeting!

Come in quietly if you are late or choose to come in and out during a session. We have our settings set to Mute on entry and no video on entry...this should make it easy for you to slip in to join a session. Once you are set...turn on your video and become a full participant.

Reduce outside distractions, if possible, by muting extraneous sounds. Try to wait until breaks in a program before attending to other tasks. If you do need to tend to another urgent matter or take a call during a session, be sure you are muted and that your video is paused until you have completed the other task.

Please refrain from writing about topics not related to the presentation in the chat while the speaker is speaking. This dilutes the attention of the Producer and may distract the speaker and the other participants. If you want to remark to a person...please find that person in the chat list and message that person directly.

# Welcome to the Summit!

## REMINDERS: More on Virtual Manners

### Be An Engaged Participant!

If it sounds like our reminders are coming from your mom or teacher...here are some items we have on the absolutely DO list.

#### Please DO...

Answer polls.

Type questions and responses in the textbox.

Answer verbally as invited to do so by the speaker.

Ask questions related to the session or for the speaker to follow-up on.

Unmute to speak when invited by the presenter to pause for questions, or if the presenter invites you to do so throughout.

Raise your hand if a presenter requests before unmuting.

Leave comments in the chat you want the speaker to take away.

#### And...Dress up and get into the mood of the Summit special sessions.

To enhance the feeling of being together at a conference, please come dressed as you are invited in the Program (e.g., pajama time in PJs, formal wear for formal dinner, business casual/professional attire for sessions).

We know many of you/us are working from home, so pets, kids, and spouses are welcomed. (In fact on Monday evening, you are invited to bring your friend or partner with you to the Formal Dinner and Speaker session.)

**Welcome and enjoy!**

**SUMMIT VIPS:  
ICF-RAC BOARD MEMBERS, ICF-  
RAC PROGRAMS LEADERSHIP  
TEAM & OUR VOLUNTEER  
PRODUCERS**



# ICF-RAC 2020 Board of Directors



Kelly Best, MBA, CPC  
President



Tracy J. Jenkins, PhD, PCC, XCC  
Past President (2019)



Tracy Wallingford, MS, ACC  
Treasurer



Susan L. Westbrook, PhD, PCC, XCC  
Current Program Chair



Vahbiz Shroff, PhD, ACC  
Membership



Debbie Laxer MBA, SPHR, ACC, BCC  
Business Development Liaison



Rick Mazzetti, MBA, ACC  
PR & Marketing



Carol Locke, ACC  
Upcoming Program Chair

# ICF-RAC Programs Leadership Team



Susan L. Westbrook, PhD, PCC, XCC  
Current Program Chair



Carol Locke, ACC  
Current CEC Coordinator &  
Upcoming Program Chair



Barton Cutter, PCC, CPCC  
Quarter 2 Theme Leader &  
CCEU Coordinator



Richard Kurth, CPC, ELI-MP  
Book Club Coordinator



Maryam Mohaghegh, MSc  
Higher Ed SIG Coordinator &  
Upcoming CEC Coordinator



Rebekah Layton, PhD, CMC, PCC  
Higher Ed SIG Coordinator



Christine Rosier  
Registration



Mindy Schrager, ACC, MBA, NCC  
Quarter 3 Theme Leader



## Summit Volunteer Virtual Producers



Jeanie Duncan, PCC  
Raven Consulting Group



Natasha V. Godwin,  
MSA, CPEC, CAC  
Godwin Life Coaching



Richard Kurth,  
CPC, ELI-MP  
Richard Kurth Coaching



Rebekah Layton,  
PhD, CMC, PCC  
UNC-Chapel Hill



Debbie Laxer,  
MBA, SPHR, ACC, BCC  
Laxer and Associates



Carol Locke, ACC  
Prism Coaching, LLC



Maryam Mohaghegh, MSc  
NC State University



Susan L. Westbrook,  
PhD, PCC, XCC  
Love Your Leap Coaching

## Summit Help Behind the Scenes

A BIG “Thank you!” to Sue Millager, the ICF-RAC Administrator. She has worked tirelessly with the Programs Leadership Team and kept those emails coming and the registration growing.



# **Quick View of Credits for Summit Presentations**

# Quick View of Summit Credits

## Wednesday, June 24, 2020

Session #	Time	Session	CCEU
1	11:00a-12:00p	Mindset Matters: Crisis, Choice, and Creativity	1 CC
2	1:00p-2:30p	The Top 3 Steps to Writing Successful Proposals That Win Jobs! Having Fun While Making Reading Easier	1 RD
3	3:00p-4:00p	Discover Your Money Archetypes and How They Impact Your Income	.5 RD .5 CC
4	4:00p-5:00p	2020 One Word Retrospective — What's in That One Word Now?	.5 RD
5	7:00p-9:00p	The Story Behind the Story: The Power of Awareness to Create Meaningful Change	1 CC .5 RD
<b>Total</b>			<b>2.5 CC 2.5 RD</b>

## Thursday, June 25, 2020

Session #	Time	Session	CCEU
1	8:30a-9:45a	7 Secrets for Creating a 6-Figure Signature Presentation	1 RD
2	10:15a-11:00a	Defining Your Personal Leadership Brand	.5 RD
3	11:30a-12:30p	Executive Coaching: The Ins, Outs, and Ethics	.5 Ethics .5 CC
4	1:00p-2:30p	3 Surprising Facts about Sugar Your Pandemic Journey and Staying Open to What's Emerging	1 RD
5	3:00p-5:00p	The Art and Science of Not Doing (Coaching Presence) Understanding Unconscious Bias and Its Impact in Coaching	1.5 CC .5 RD
6	7:30p-9:00p	Unwinding Identity: Being Present with the Source of Who We Are	1 CC .5 RD
<b>Total</b>			<b>3.5 CC 3.5 RD</b>

## Friday, June 26, 2020

Session #	Time	Session	CCEU
1	9:00a-10:30a	Coaching in the Academy: A Living Taxonomy and Landscape	1 CC .5 RD
2	11:00a-12:00p	Radical Resilience: Cultivating Creativity in a Fractured World	1 CC
2	12:30p-1:30p	The Future of Coaching: The Role of Coaching in Social and Restorative Justice	1 CC
3	2:00p-3:30p	ICF RAC Quarter 3 Content Overview and Vision Holding the Container: One Word for Reflection and Moving Forward	1 CC
4	4:00p-5:00p	Using Radical Courage and Intuition to Protect the Coach Within Final Words and Closing of the Summit	.5 CC .5 RD
<b>Total</b>			<b>4.5 CC 1 RD</b>

<b>Summit Total</b>	<b>10.5 CC 7 RD</b>
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# **SUMMIT PRESENTATIONS: PRESENTERS, DESCRIPTIONS, & DETAILS**

# Summit Presenters

**Wednesday, June 24, 2020**

Presenter	Credential	Session #	Time	Session
Angie Arrington	DSL, CPC, CMP	4	4:00p-5:00p	2020 One Word Retrospective — What's in That One Word Now?
Kelly Best	MBA, CPC, ICF-RAC President	Opening	9:30a-10:30a	ICF-Raleigh President's Opening Remarks
Kelly Best	MBA, CPC, ICF-RAC President	4	4:00p-5:00p	2020 One Word Retrospective — What's in That One Word Now?
Amal Essader	MBA, CPCC, PCC, BCC	Evening 1	7:00p-9:00p	The Story Behind the Story: The Power of Awareness to Create Meaningful Change
Bellandra Foster	PhD, P.E., ACC	2	1:00p-2:30p	The Top 3 Steps to Writing Successful Proposals That Win Jobs!
Maria Glenn	CPCC, PCC	Evening 1	7:00p-9:00p	The Story Behind the Story: The Power of Awareness to Create Meaningful Change
Margaret A. Jerger	MA. CCC-SLP, PhD	2	1:00p-2:30p	Having Fun While Making Reading Easier
Lou Raye Nichol	PCC	Evening 1	7:00p-9:00p	The Story Behind the Story: The Power of Awareness to Create Meaningful Change
Linda Selner Vasquez	MBA, CPC	3	3:00p-4:00p	Discover Your Money Archetypes and How They Impact Your Income
Susan Westbrook	PhD, PCC, XCC	Opening	9:30a-10:30a	Welcome to the Summit
Susan Westbrook	PhD, PCC, XCC	1	11:00a-12:00p	Mindset Matters: Crisis, Choice, and Creativity



# Summit Presenters

**Thursday, June 25, 2020**

Presenter	Credential	Session #	Time	Session
Wendy Gates Corbett	MS, CPTD	1	8:30a-9:45a	7 Secrets for Creating a 6-Figure Signature Presentation
Barton Cutter	PCC, CPCC	Evening 2	7:30p-9:00p	Unwinding Identity: Being Present with the Source of Who We Are
Jeanie Duncan	PCC	2	10:15a-11:00a	Defining Your Personal Leadership Brand
Maria Glenn	CPCC, PCC	3	11:30a-12:30p	Executive Coaching: The Ins, Outs, and Ethics
Natasha V. Godwin	MSA., CPEC, FIAC	4	1:00p-2:30p	3 Surprising Facts about Sugar
Tracy Jenkins	PhD, XCC, PCC of UNC Health Care	3	11:30a-12:30p	Executive Coaching: The Ins, Outs, and Ethics
Richard Kurth	BA, CCPC, ELI-MP	5	3:00p-5:00p	The Art and Science of Not Doing (Coaching Presence)
Laura Neal	ACC, CSD of Assenter Coaching	3	11:30a-12:30p	Executive Coaching: The Ins, Outs, and Ethics
Dawn Sander	M.Ed., ACC	5	3:00p-5:00p	Understanding Unconscious Bias and Its Impact in Coaching
Susan Westbrook	PhD, PCC, XCC	Evening 2	7:30-9:00	Unwinding Identity: Being Present with the Source of Who We Are (Facilitator)
Abby Yanow	ACC	4	1:00p-2:30p	Your Pandemic Journey and Staying Open to What's Emerging

# Summit Presenters

**Friday, June 26, 2020**

Presenter	Credential	Session #	Time	Session
Kelly Best	MBA, CPC, ICF-RAC President	Closing	4:00p-5:00p	Final Words and Closing of the Summit
Barton Cutter	PCC, CPCC	3	2:00p-3:30p	Holding the Container: One Word for Reflection and Moving Forward
Kioka Dunston	PCC, CPEC, CALC	Closing	4:00p-5:00p	Using Radical Courage and Intuition to Protect the Coach Within
Annelies Gentile	MA, PCC	2	11:00a-12:00p	Radical Resilience: Cultivating Creativity in a Fractured World
Sackeena Gordon-Jones	PhD, MCC, ICF-CIO Global Board Director	Special	12:30p-1:30p	The Future of Coaching: The role of Coaching in Social and Restorative Justice
Richard Kurth	BA, CCPC, ELI-MP	3	2:00p-3:30p	Holding the Container: One Word for Reflection and Moving Forward
Rebekah Layton	PhD, CMC, PCC	1	9:00a-10:30a	Coaching in the Academy: A Living Taxonomy and Landscape
Carol Locke	ACC	3	2:00p-3:30p	Holding the Container: One Word for Reflection and Moving Forward
Maryam Mohaghegh	MSc	1	9:00a-10:30a	Coaching in the Academy: A Living Taxonomy and Landscape
Maryam Mohaghegh	MSc	3	2:00p-3:30p	Holding the Container: One Word for Reflection and Moving Forward
Mindy Schrager	ACC, MBA, NCC	3	2:00p-3:30p	ICF RAC Quarter 3 Content Overview and Vision
Mindy Schrager	ACC, MBA, NCC	3	2:00p-3:30p	Holding the Container: One Word for Reflection and Moving Forward
Susan Westbrook	PhD, PCC, XCC	3	2:00p-3:30p	Holding the Container: One Word for Reflection and Moving Forward



**Wednesday, June 24, 2020**

## **Opening Session**

9:30 – 10:30 am

In this opening hour of the Summit, we will introduce you to the rationale behind the Summit and to the three-day journey we have created for you. To encourage you to join us for this beginning session...prizes will be given away throughout the hour.

***Opening Comments*** - Susan L. Westbrook, PhD, PCC, XCC, ICF-RAC Program Chair:

***Summit Welcome*** - Kelly Best, MBA, CPC, ICF-RAC President

***Summit Overview*** - ICF-RAC Programs Leadership Team: Barton Cutter, PCC, CPCC, Carol Locke, ACC, Richard Kurth, BA, CCPC, ELI-MP, Rebekah Layton, PhD, CMC, PCC, Maryam Mohagegh, MSc, Mindy Schrager, ACC, MBA, NCC, Susan L. Westbrook

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## **Session #1 – Setting the Stage**

11:00 am – 12:00 pm

1 CCEU

### ***Mindset Matters: Crisis, Choice, and Creativity***

Susan L. Westbrook, PhD, PCC, XCC

Crisis is a crossroads. A place in time when we choose to go one way toward more light, more consciousness, and more creativity...or move toward more of the same, looking to past ways of thinking and being. When we and our clients come to that crossroads, mindset matters. Mindset dictates where we look and how we look. Where we step and how we step. And who we serve and what we serve. In this opening session of the Summit, coach, author, and teacher, Susan Westbrook, will explore three mindset mascots that influence our response to change and discuss the relevance of those mindsets to the impact we can have with our clients.



**Wednesday, June 24, 2020**

## **Session #2 – Tools and Strategies**

1:00 – 2:30 pm

1 RD

### ***The Top 3 Steps to Writing Successful Proposals That Win Jobs!***

Bellandra Foster, PhD, P.E. ACC

When I started my consulting company, I did not have resources to hire professional writers and graphic artist specialists to assist me in writing proposals. I learned by completing and reviewing numerous proposals over my past 30+ years as an engineer. I knew some of the important activities from the beginning. I had to learn others as I went along.

In this presentation, I will share the secrets to writing winning proposals that I have learned as a business consultant.

**Note: There will be a 15-minute break between presentations in this session.  
The Zoom will stay on. You can choose to spend the time in the Breakout Room networking  
and discussing the session content.**

### ***Having Fun While Making Reading Easier***

Margaret A. Jerger, MA, CCC-SLP, PhD

A topic of interest to many parents and grandparents! And even perhaps to business professionals who find reading to be a challenge. Dr. Jerger will provide a short overview of specific techniques to enable the participants to offer fun and compassionate help to someone they know who is struggling to become a proficient reader. Includes an offer to sign up for a series of five Zoom sessions to explore those techniques.





**Wednesday, June 24, 2020**

## **Session #3 – Money Matters**

3:00 – 3:45 pm

.5 RD

### ***Discover Your Money Archetypes and How They Impact Your Income***

Linda Selner Vasquez, MBA, CPC

Money Archetypes are innate patterns that influence your thoughts, feelings, behaviors and priorities around money. Resulting in success or sabotage. These unconscious forces can impact your income and life on so many levels, making it essential to understand their strengths and gifts along with their shadow side. Learn each of the eight Money Archetypes' unique personality, plus the benefits of discovering your top three. Upon request, you will be provided with the Sacred Money Archetype Assessment.

**Note:** There will be a 15-minute break between sessions. The Zoom will stay on. You can choose to spend the time in the Breakout Room networking and discussing the session content.

## **Session #4 – Reflection**

4:00 – 5:00 pm

.5 CCEU; .5 RD

### ***One Word 2020 in Reflection***

Kelly Best, MBA, CPC, Facilitator

Angie Arrington, DSL, CPC, CMP, Facilitator

In January 2020, the ICF-RAC led two *Cutting Edge Conversations* with members and discussed the **One Word** each selected for 2020. Now, 5 months later, Kelly Best, the ICF-RAC President, will lead a follow-on discussion to allow participants to reflect on the One Words chosen for 2020 and the awareness and actions that have resulted in the midst of the COVID and George Floyd crises. Applications to working with and championing clients' experiences and reflections in the midst of these crises will be discussed.



**Wednesday, June 24, 2020**

## **Evening Session #1**

### **NETWORK DISCO (“doors” open at 6:50 pm)**

7:00 – 7:30 pm

Bring your favorite drink or snack, your business cards, and a desire to connect with other coaches and business leaders and plan to swing in and out of the Zoom Breakout Rooms in this high-energy Networking “dance.” A sure-fire way to meet people and set up future connections.

**BONUS Offer – All participants’ business cards will be collected via a Google Doc and placed in the Summit Virtual Offers Coupon Book for distribution to all participants after the Summit..**

### **Formal Dinner and Presentation**

7:30 – 9:00 pm

1 CCEU; .5 RD

You are encouraged to put on your formal wear, bring your dinner and drink to the session, and join a trio of well-known area coaches for this virtual dinner and speaker event. Make it a truly special event and invite your partner or a friend to join you.

#### ***The Story Behind the Story:***

#### ***The Power of Awareness to Create Meaningful Change***

•Lou Raye Nichol, PCC      •Maria Glenn, CPCC, PCC      •Amal Essader, MBA, CPCC, PCC, BCC

This diverse and notable trio of coaches will entertain and inspire us in a virtual dinner event with stories that unite us as coaches and bind us as humans. Through the unpacking of multiple narratives, Lou Raye, Maria and Amal will openly share their experiences and how they relate to the coaching context. This will be an experiential format where participants will be able to engage in break-out sessions to harness the power of their own stories.



**Thursday, June 25, 2020**

## **Session #1: Pajama Workshop**

8:30 – 9: 45 am

1 RD

Keeping it fun! We invite you to come to this can't-miss session with well-known presenter and trainer, Wendy Gates Corbett, in your PJs...with your breakfast in hand.

### ***7 Secrets for Creating a 6-Figure Signature Presentation***

Wendy Gates Corbet, MS, CPTD

Speaking is one of the best ways to grow your business, your reputation, and your brand. With the online platforms available today, you don't have to wait to be invited to speak, you can create your own opportunities to reach hundreds of people all at once. Having a signature presentation that showcases your expertise while providing your audience with truly valuable information is a secret key to amplifying your reach. In this program, speaker, presentation consultant, and instructor for the recent How to Zoom series, Wendy Gates Corbett will show you seven simple secrets for designing a superb signature presentation that catches (and keeps) their attention. This presentation is an encore of a highly rated program Wendy delivered for ICF-Raleigh in 2018, updated with new insights and even more secrets.

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## **Session #2: Business Development**

10:15 – 11:00 am

.5 RD

### ***Defining Your Personal Leadership Brand***

Jeanie P. Duncan, PCC

Whether you've defined your leadership brand or not, you have one. Your brand conveys your identity and distinctiveness – it reveals who you are and what sets you apart. Join me for an exploration of:

- Who are you as a brand?
- What does your brand promise and deliver?
- What do you offer as a leader that is unique?
- How does your brand align with your values and vision?



**Thursday, June 25, 2020**

**Session #3:**  
**Special Topic – Executive Coaching**

11:30 am – 12:30 pm  
.5 CCEU; .5 Ethics Credit

***Executive Coaching: The Ins, Outs, and Ethics***

Maria Glenn, PCC, CPCC of Assenter Coaching

Laura Neal, ACC, CSD of Assenter Coaching

Tracy Jenkins, PhD, PCC of UNC Health Care

Executive, leadership, and performance coaching is growing exponentially with each passing year to raise the consciousness bar of the organizational system. You may have questions about this growing area of coaching and this trio of Executive Coaches and trainers has the answers...

- What is unique about this gig?
- What are the ethics around sponsorship and confidentiality?
- What does goal attainment look like?

This presentation includes a spacious Q & A panel with three coaches who have been professional successful in both the internal and external realms.





**Thursday, June 25, 2020**

## **Session #4: Health and Wellness**

1:00 – 2:30 pm

1 RD

### ***3 Surprising Facts About Sugar***

Natasha V. Godwin, Masters in School Administration, CPEC, CAC

Do you often feel fatigue or tired midday? Have brain fog? These may be signs of too much sugar in your diet. As a society we have increased the amount of sugar we consume exceeding the daily recommended amount by the American Heart Association. Learn surprising facts about sugar and how too much sugar can affect you in ways that may surprise you. Also learn ways to reduce the amount of sugar you consume daily.

**Note: There will be a 15-minute break between presentations. The Zoom will stay on. You can choose to spend the time in the Breakout Room networking and discussing the session content.**

### ***Your Pandemic Journey and Staying Open to What's Emerging***

Abby Yanow, ACC

This pandemic has been quite a journey. We're told that "we can't go back to the way things were." Let's see how we can accompany each other on this journey, and explore who's the new person trying to emerge. It's an opportunity for us to stay connected and feel supported through these unsettling times.



**Thursday, June 25, 2020**

## **Session #5: Inner Work**

3:00 – 5:00 pm

1.5 CCEUs (entire session); .5 RD

### ***The Art & Science of Not Doing***

Richard Kurth, BA, CCPC, ELI-MP

Coaching presence is vital to generating rich and rewarding experiences for our clients and for ourselves. What is presence, and how do we develop and cultivate it? I will present this often-elusive skill and what we can do to make it a foundation of our coaching practice.

**Note: There will be a 15-minute break between presentations. The Zoom will stay on. You can choose to spend the time in the Breakout Room networking and discussing the session content.**

### ***Understanding Unconscious Bias and its Impact in Coaching***

Dawn Sander, M.Ed., ACC

Are you biased? In this interactive and inspiring session, we'll dig into the fascinating topic of unconscious bias to understand how may show up in coaching. First, we'll explore unconscious bias and how it may surface for the coach in the ICF Competency of "**coach presence**". Second, we'll explore it from the client perspective and our ICF Coaching Competencies of "**active listening**" and "**creating awareness**". How are the stories our clients are telling us and themselves influenced by their unconscious biases and what can we do about it?

Participants will gain practical, actionable strategies they can implement immediately to help them. Please join this session if you would like to recognize and confront your own biases to better serve your clients. (Note: While this session will build on the ICF-Raleigh's *Cutting Edge Conversation* on Unconscious Bias earlier in the year, this session will be more informative and related to the coach's awareness and active listening.)



**Thursday, June 25, 2020**

## **Evening Session #2**

7:30 – 9:00 pm

1 CCEU; .5 RD

### **Fireside Chat**

This is your chance to sit back, relax, and sip your favorite drink, while you ponder the conversation between Barton and Susan and engage in your own reflection about your views on identity and how they impact you as a coach.

#### ***Unwinding Identity: Being Present with the Source of Who We Are***

Barton Cutter, PCC, CPCC

Susan L. Westbrook, PhD, PCC, XCC, Facilitator

There are innumerable elements that go into forming one's identity. From biological and environmental factors to direct experiences and the interpretation of those experiences. Each has a profound impact on our perception of reality. And how we see ourselves in that reality.

As we consider coaching presence and the way identity shows up in and influences coaching relationships, we may also become aware that we are the source from which all these experiences and perceptions arise. It is after all, our created reality.

In a time when the world is spinning and identity is an everyday consideration, coaches may be taking a step back and wondering...

- What is “coaching presence” ...really?
- How does our perceived identity impact our “coaching presence?”
- How does our “coaching presence” interact with our clients’ perceived identities and what they believe is possible for them?

To help you answer those questions, seasoned coaches, Barton Cutter and Susan Westbrook, will engage in a spirited conversation about “Presence” and how it relates to coaches, coaching relationships, and the change coaching can bring to the world.

This is an interactive event. You will have opportunities to engage in Breakout discussions and opportunities to do some “soul searching” on your own.



**Friday, June 26, 2020**

**Session #1:**  
**Special Topic – Higher Ed SIG Group**

9:00 – 10:30 am

1 CCEU; .5 RD

**Coaching in the Academy: A Living Taxonomy and Landscape**

•Rebekah Layton, PhD, CMC, PCC

•Maryam Mohaghegh, MSc

Examine the landscape of coaching in higher education and begin creating a taxonomy of coaching roles in the academy - join us for the first step in collecting data points, authoring and publishing our collective answer to this question. Seek and gain understanding of higher education practitioners and leaders on their perspectives; raise awareness among higher education communities; develop a campus network of representatives; and examine the achievement and impact of the coaching on the community.

We will explore the contexts in which coaching occurs in the academy, ethical approaches to create a coaching relationship, creating clarity of what coaching is, setting expectations and communicating session logistics, and evaluating a potential match.





**Friday, June 26, 2020**

## **Session #2**

11:00 am– 12:00 pm

1 CCEU

### ***Radical Resilience: Cultivating Creativity in a Fractured World***

Annelies M Gentile, MA, PCC

Creativity resides at the edge of chaos. It's right there at the edge, between the known and the unknown, where the greatest resilience happens, suspended betwixt the comfortable and uncomfortable. When life is seemingly falling apart, it's also landing together.

In an increasingly disconnected world, it's important to find creative ways to reconnect to ourselves and one another, especially when facing or leading change. When we step back and tune in, we can see that chaos is a calling to lead differently, to listen differently, to facilitate change differently. It's an invitation for transformation and resilience, for radical acceptance then radical creativity. It's a thrilling time to serve emerging leaders and leaders facing transition. Awareness becomes your greatest agent for change. The sustaining link is creativity. You're invited to learn to create through and with change rather than against it by tending creative perspective.



**Friday, June 26, 2020**

**Friday Luncheon and Speaker**

12:30 – 1:30 pm

1 CCEU

Join

Sackeena Gordon-Jones, PhD, MCC

For an hour of lunch (at your house) and contemplating the future of coaching.

Sackeena has been a member of ICF since 2004. She is a past President of ICF Raleigh, past Chair of ICF Southeast Region and past Director of the Association of Coach Training Organizations (ACTO). Sackeena currently serves as director of the new ICF Global Board, CIO (Coaching in Organizations).

***The Future of Coaching:***

***The Role of Coaching in Social and Restorative Justice***

Now, more than ever, it's time for us to elevate our coaching. Changing systems begin with changing thinking. The mind cannot erase its wiring, but it does have neuroplasticity, the ability to create new wiring. Historically, "facilitating neuroplasticity" was an early definition of coaching from the IOC. Coaching is a transformative effort. With a better understanding of reflective inquiry, coaches can help to transform clients' thinking.



**Friday, June 26, 2020**

## **Session #3: Moving Forward**

2:00 – 3:30 pm

1 CCEU

### ***RAC Quarter 3 Content Overview and Vision***

Mindy Schrager, ACC, MBA, NCC

Mindy is the Theme Leader for the 3<sup>rd</sup> Quarter content for ICF-RAC. In this short presentation, Mindy will provide an overview of and a rationale for the Quarter 3 theme of “The Coach’s Inner Landscape.”

## **Cutting Edge Conversation**

### ***Holding the Container: One Word for Reflection and Moving Forward***

ICF-RAC Programs Leadership Team

As coaches, one of our main responsibilities is to hold a container of love, openness, and acceptance for our clients. We cannot fully do that if we are not reflective and aware of what is in our own space. In remembrance of the death of George Floyd, the heightened awareness of the need for criminal justice reform, and the continuing impact of COVID-19 on individuals and communities, and our world, we will hold a time of reflection and conversation...and, if you choose, the utterance of a new “One Word” to inspire us to remember, to lead, and to hold unfettered space.

The ICF-RAC Programs Leadership Team will facilitate breakout groups to provide time and space for contemplation and conversation.



**Friday, June 26, 2020**

## **Final Session**

4:00 – 5:00

.5 CCEU; .5 RD

## **Final Keynote Address**

*SelfCare Coach Care:*

*Using Radical Courage and Intuition to Protect the Coach Within*

Kioka Dunston, PCC, CPEC, CALC

Coaches, have you ever been in a situation where you needed to fiercely advocate for yourself? For your health? For your right to freely and fully enjoy your own version of life? It's time to celebrate and remember your decision(s) starting now!

In early 2018, Kioka Dunston experienced a stroke. Even though several doctors told her for years that she was fine, even that she was just out of shape, something inside her said she wasn't. You are invited to hear Kioka's journey, the lessons, and how this experience has impacted Kioka as a coach, sister, daughter, aunt, and friend. You will also understand what you must do to make sure you are fiercely protecting and nourishing the coach within.

## **Final Words and Closing of the Summit**

Kelly Best, MBA, CPC

ICF-RAC President



# **SUMMIT PRESENTERS: BIOGRAPHIES & CONTACT INFORMATION**

## Keynote Speaker



### **Kioka Dunston, PCC, CPEC, CALC**

Friday Closing Keynote Speaker

***SelfCare Coach Care:***

***Using Radical Courage and Intuition to Protect the Coach Within***

As the creator of **kiokacoaching**, a life and career coaching practice supporting professionals and leaders who believe in their right to enjoy soul-satisfying work, Kioka Dunston's zone of genius includes gently cultivating authentic and loving expression of courage, creativity, communion/community and intuition to realize work/life fulfillment. Having spent over 17 years delivering HR support to thousands of associates in Fortune 500 companies such as IBM, Honeywell and Becton Dickinson (BD), Kioka understands the critical importance of work and personal value alignment in order to contribute at our most optimal levels. She believes in getting to the brutal truth without being brutal.

Kioka is based in Durham, NC and began her coaching career as a graduate of the CaPP (Coaching and Positive Psychology) Institute. She has also served on the Board of the Raleigh Charter Chapter of ICF and as an instructor at Raleigh Coaching Academy. As for "brutal truth," perhaps someone should tell Kioka that no matter how much she attempts to apply the law of attraction or practice in the shower, it is unlikely her favorite singer Stevie Wonder will randomly call her to sing backup on tour.

Connect with Kioka at [www.kiokacoaching.com](http://www.kiokacoaching.com).

## Keynote Speaker



### **Sackeena Gordon-Jones, PhD, MCC**

Friday Luncheon Speaker

The Future of Coaching

Sackeena Gordon-Jones is a leadership development expert, executive coach, personal coach and mentor coach. She is the chief coaching officer for Transformation Edge Coaching & Consulting, an organization that provides coaching, consulting, training and speaking services, which helps leaders and organizations transform the way they think, lead, work and live. Sackeena has extensive international, multi-cultural, industry experience and is a master educator. As Director of the Transformation and Business Coach Institute she has delivered training and coaching services throughout North America, Europe and Asia. She oversees an open-enrollment coaching certification program at NC State University. Sackeena also delivers six-month certificate programs for organizations who want to develop an internal cadre of coaches, as well as other organizational coach training programs to support the development of coaching cultures.

Sackeena has been a member of ICF since 2004. She is a past President of ICF Raleigh, past Chair of ICF Southeast Region and past Director of the Association of Coach Training Organizations (ACTO). Sackeena currently serves as director of the new ICF Global Board, CIO (Coaching in Organizations).

Contact Sackeena at [www.linkedin/in/Sackeena](http://www.linkedin/in/Sackeena).

## Keynote Speaker



### **S. Barton Cutter, PCC, CPCC**

Thursday Evening Fireside Chat

#### ***Unwinding Identity***

A disruptor by nature, Barton's irreverent wit cuts directly to the heart of any issue while illuminating spaciousness within paradox. He is an ICF Credentialed Professional Certified Coach, a Certified Professional Co-Active Coach, inclusion expert, Healer and meditation teacher, and international speaker. He provides powerful change agents, organizations, and teams the essential tools to capitalize on inherent wholeness within human systems. His field expertise includes:

- 35,000 hours of training in meditation and sensory-expanding awareness skills.
- 20 years of leading experiential training in self-defense, sensory clarity, & minimizing cognitive bias.
- Five extraordinary years of serving as Accessibility Consultant at CTI.
- A lifetime of cultivating inclusion through disrupting cognitive bias around perceived limitations.

The owner of [Cutter's Edge Consulting](#) and [Barton Cutter Coaching](#), Barton weaves together this rich background to offer leadership development coaching, training, and consulting to organizations and private clients globally.

Connect with Barton at [www.bartoncutter.com](http://www.bartoncutter.com).



## Keynote Speaker



### **Amal Saymeh Essader, MBA, CPCC, BCC, PCC**

Wednesday Evening Dinner & Speaker Event

#### ***The Story Behind the Story:***

#### ***The Power of Awareness to Create Meaningful Change***

Amal's professional journey started two decades ago as a bench-top chemist. She reinvented herself multiple times as she transitioned into technical and strategic project management roles. She co-led company efforts in establishing STEM outreach activities within the community and initiating a Diversity and Inclusion program. Throughout this journey, she discovered her passion for connecting with and supporting people; this inspired her to begin her coaching journey in 2016. She uses her coaching and leadership skills to help technical experts successfully transition into and thrive in their leadership roles. She enjoys hiking and nature-based coaching.

Amal earned three professional coaching designations: Certified Professional Co-Active® Coach (CPCC) from the Co-Active® Training Institute (CTI), Professional Certified Coach (PCC) through the International Coach Federation (ICF), and Board Certified Coach (BCC) through the Center for Credentialing & Education (CCE). She has an MBA in Strategy and Leadership with a focus in Marketing from UNC-Chapel Hill Kenan Flagler Business School, and a BS in Chemistry from UNC-Chapel Hill Chemistry Department.

Connect with Amal at [www.coachingwithoutworries.com](http://www.coachingwithoutworries.com).

## Keynote Speaker



### **Maria Glenn, PCC, CPCC**

Wednesday Evening Dinner & Speaker Event

#### ***The Story Behind the Story:***

#### ***The Power of Awareness to Create Meaningful Change***

Maria Glenn is an executive coach and leadership trainer who has a passion for inspiring leaders to get out of their own way and realize their full potential. A Merck & Company veteran of 25 years, Maria is all too familiar with organizational quandaries. Many leaders struggle with the balance of being fully connected with their people, while remaining beholden to the bottom line. The goal of her coaching is for her clients to be successful without having to sacrifice optimal fulfillment and in their role and equilibrium in their life. Encrypted on her DNA is a love of selling that makes her a perfect fit for motivated companies that want to close the deal. Her wealth of experience at Merck also included marketing, training, management and internal coaching.

A graduate of The Coaches Training Institute, Maria was certified by the International Coach Federation in 2009. A public-speaking enthusiast, Maria continues to hone her craft in Toastmasters and is the Immediate Past President in her Raleigh chapter. In the regional speaking network, Maria has enjoyed sharing her expertise on leadership, Imposter Syndrome and mindfulness. A self-proclaimed yoga and weightlifting junkie, Maria stays active with her husband, David, and their two great kids.

Maria is co-owner of Assenter Coaching and is a sponsor of ICF-RAC Sponsors. You can connect with Maria at [www.assentercoaching.com](http://www.assentercoaching.com).

**Note: You can also catch Maria in the Special Topics Session on Thursday, June 26 talking about *Executive Coaching: The Ins, Outs, and Ethics*.**

## Keynote Speaker



### **Lou Raye Nichol, PCC**

Wednesday Evening Dinner & Speaker Event

#### ***The Story Behind the Story:***

#### ***The Power of Awareness to Create Meaningful Change***

Lou Raye is a business coach and co-founder and director of the North Carolina State University Business Coaching Certificate Program. Founded in 2002, this is a full professional 10-month program that has trained over 400 coaches. She is co-author of [The Essentials of Business Coaching](#).

She is certified by the International Coach Federation (ICF) as a Professional Certified Coach. Her coaching has focused on helping individuals to align their work, careers, and life more strategically and to communicate more effectively.

Her background is in training and organization development, and in this capacity she built several small enterprises. She established and ran a training center in the north of England for a London-based non-profit organization that provided support and accommodation for people with mental health problems. This was the only one of the four regional centers to make a profit. As part of her work there, she developed and delivered numerous programs on coaching. Before that she headed a team working with clients in a residential program for the same organization. In North Carolina, she was Executive Director of a small non-profit, Leadership Triangle for seven years and built the organization to sustain a full time executive. In 2000 she and her husband founded the Business Coach Institute. She became a full-time coach in 2001.

Lou Raye retired from full time teaching and coaching in 2013 and returned to her first love – pottery. She makes and sells porcelain pieces that she makes on the potter's wheel and fires with a special process called carbon trapping. She continues to coach returning clients and mentor student coaches seeking ICF Associate and Professional level certifications.

You can connect with Lou Raye at [lrn@louraye.com](mailto:lrn@louraye.com).



# Keynote Speaker



**Susan L. Westbrook, PhD, PCC, XCC**

Wednesday Morning Opening Keynote

## ***Mindset Matters: Crisis, Choice, and Creativity***

Advocating for full expression and encouraging people to live from their dreams, Susan Westbrook has spent 40-plus years creating transcendent cultures in schools and organizations. Rarely a follower, Susan has dedicated her life to investigating, questioning, and shifting traditional systems to better match the people they serve. Over her 4-decade career, she has

- Created alternative classroom programs for students and teachers
- Founded and developed an inclusive charter school environment for at-risk students
- Stretched the boundaries of her genius living and working as a chef in France
- Explored the edges of consciousness as a Reiki Master and author of *The Five Tibetans Yoga Workshop: Tone Your Body and Transform Your Mind*
- Traveled to Florence, Italy to write a book for coaches based on the life of Michelangelo

Labeled a “gifted life coach, mentor, teacher, and lighthouse” Susan’s clients are “Michelangelos” - people who courageously create lives that take them toward their sacred callings. She is a CTI-trained coach (2006), and a graduate of the Assenter Executive Coach Certification and Lucid Living's Great Story Breakthrough Coaching program. Susan is the current Programs Chair of ICF-Raleigh (NC) Area Chapter. I

In her upcoming book, *Who's Coaching Michelangelo?: Helping Clients Master the Art of Their Genius*, Susan explores the insufficiencies and responsibilities of the current coaching culture to provide support, inspiration, and forward movement for people whose genius can change the world for the better.

You can connect with Susan at [dream@susanwestbrook.com](mailto:dream@susanwestbrook.com).



## Invited Speaker



### **Wendy Gates Corbett, MS, CPTD**

Thursday Pajama Workshop

#### ***7 Secrets for Creating a 6-Figure Signature Presentation***

[Wendy Gates Corbett](#) is the President and Chief Presentation Officer of [Refresher Training, LLC](#). She is a presentation expert with more than 20 years of experience designing and delivering live online training programs. She has designed and delivered more than 2000 programs, more than half of which were live, online programs delivered via Zoom and other web conferencing platforms. Wendy is a Certified Professional in Talent Development and is a former member of the international board of directors for the Association for Talent Development.

Connect with Wendy at [wendy@refresher-training.com](mailto:wendy@refresher-training.com) and [www.refresher-training.com](http://www.refresher-training.com).

## Invited Speaker



### **Tracy Jenkins, PhD, PCC, XCC**

Thursday Special Topic – Executive Coaching

#### ***Executive Coaching : The Ins, Outs, and Ethics***

Through the development of conscious leadership, Tracy works with executive leaders to help them recognize their unique ability to increase their sphere of influence and drive authentic engagement. With a Ph.D. in Educational Research and Policy Analysis, Tracy is an ICF Credentialed Professional Certified Coach and Executive Certified Coach who utilizes a strengths-based approach to help those she works with recognize their value and effectively communicate this to others. Her field expertise includes:

- Serving as Sr. Learning and OD Consultant role with UNC Health Care
- Excellence in training and development & clinical research for GlaxoSmithKline
- Spearheading cutting edge leadership to North Carolina's coaching industry as the current Past President and Program Chair of the International Coach Federation – Raleigh Charter Chapter

Through working with Tracy, leaders develop skills to take bold action towards achieving personal, team and corporate goals with integrity and responsibility. Her clients come from diverse backgrounds including executives in financial, health care, sales management, non-profit and academic organizations in the area of professional and personal transitions.

Connect with Tracy at <https://www.linkedin.com/in/tracyjenkins>.

## Invited Speaker



### **Laura Neal, ACC, CSD**

Thursday Special Topic

#### ***Executive Coaching: The Ins, Outs, and Ethics***

Laura Neal is a Spiritual Director and facilitator specializing in authentic, conscious, soul-led leadership. A lifelong career woman, Laura stepped out of her senior management position at Cisco Systems, Inc. to pursue executive coaching with the vision to change the face of organizational culture. The trials and tribulations of corporate politics taught her that a successful career requires being in touch with your own needs, desires and definition of fulfillment.

Laura has held her ICF coach certification since 2016 and is often referred to as a “direct communicator” for her ability to candidly mirror back incongruity and challenge limiting beliefs, while holding her clients with compassion and empathy. Her clients range from individual contributors to senior executives, all of whom have the common goal of searching for a life that connects their core values and unique gifts with a career of purpose. Laura is an expert executive coach and the co-creator of Assenter Coaching’s Executive Coach Certification (XCC) Program.

As part of her philanthropic DNA, Laura is a volunteer coach at the Eastern Shore Coalition Against Domestic Violence and Spiritual Director for those in need. Always attracted to the intangible power of spirit, she believes coaching to the soul discerns the right goal.

Laura’s certifications include: Tilt 365 Positive Influence Predictor Practitioner, Certified Emotional Intelligence EQi-2.0 and 360 Practitioner, LinkUp Instinctive Drives Master, Mentor Coach, Co-creator: Executive Coach Certification (XCC) Program, Certified Spiritual Director (CSD).

Contact Laura at [www.assentercoaching.com](http://www.assentercoaching.com).



## Summit Presenters

### Angie Arrington, DSL, CPC, CMP



Having worked with thousands of employees and hundreds of customers, Angie's authentic persona, collaborative partnering, transformational skills, and servant leadership abilities positions her to be a highly sought Subject Matter Expert (SME) in the global management consulting industry. Her focused expertise in human dynamics organizational development, strategic leadership and foresight, coaching interventions, and facts-based research enables her to confidently serve individuals and organizations collectively. Through emotional intelligence, active listening, empathetic engagement, and critical analysis, Dr. Angie consults and coaches' individuals, teams, and organizations to achieve breakthroughs necessary to accomplish targeted goals that create optimization, effectiveness, and excellence.

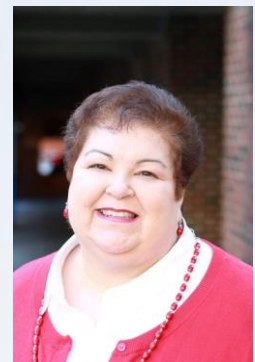
Through Evolve Consulting, LLC Dr. Angie lives her passion to *serve humankind* by providing professional business management consulting solutions.

Connect with Angie at <https://evolveconsultingllc.com>.

### Kelly Best, MBA, CPC

Kelly Best is the current President of the ICF-Raleigh Chapter. She is an iPEC certified professional coach and is President of Kelly Best Coaching. She is a transition coach who works mainly with clients moving from the workplace into retirement. Today, retirement is being reinvented. There is a lot of freedom to choose and shape this unique time in people's lives, and Kelly helps her clients think about their hopes, dreams, and goals for retirement. She works with clients to understand the challenges and embrace the opportunities associated with this next stage of their lives.

Kelly is a Duke University graduate and received her MBA from Georgetown University. She has spent more than twenty-five years in regional government, academic administration, and business management and marketing.



Contact Kelly at [kellybestcoaching@gmail.com](mailto:kellybestcoaching@gmail.com).



## Summit Presenters

### Jeanie P. Duncan, PCC



At the core of Jeanie's work, is transforming the way individuals and organizations think and operate to drive performance and achieve goals. Through a competent fusion of strategic consultation, assessment, facilitation, and coaching, Jeanie guides transformation of leaders and their organizations.

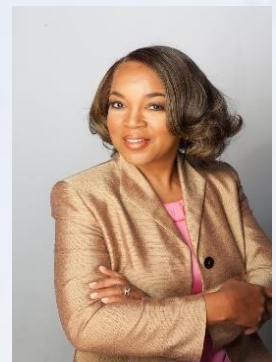
Jeanie is President of Raven Group, a business she founded that focuses on organization change, transition, and leadership development in the nonprofit sector. She is senior consultant for Raffa, working with clients nationally to lead efforts in sustainability and succession planning, executive transition, and search. Additionally, Jeanie serves as faculty for the Center for Creative Leadership, a top-ranked, global provider of executive leadership education.

Contact Jeanie at [www.RavenConsultingGroup.com](http://www.RavenConsultingGroup.com) and

LinkedIn: <https://www.linkedin.com/in/jeanieduncan/>

### Bellandra Foster, PhD, P.E., ACC

Dr. Bellandra Foster is a small business and life transition coach. Married for over 35 years and the mother of two sons, she has created a formula for combining a successful professional life, along with a peaceful household. Dr. Foster earned her Ph.D. in Engineering from Michigan State University, worked in industry—then founded her own companies. She is an ACC certified member of the International Coach Federation (ICF). Balancing and prioritizing life and family as an entrepreneur can be difficult. As a coach, she loves to work with business owners and persons facing life “transition” decisions. Her experience as an entrepreneur has taught her the art of starting and operating a successful and profitable business.



Connect with Bellandra at [www.bellandrafoster.com](http://www.bellandrafoster.com).

## Summit Presenters

### **Annelies M Gentile, MA, PCC**

Integrative Life & Leadership Coach . Consultant . Facilitator .  
Speaker . Author . Process Artist

With a master's in coaching and over 28 years combined professional experience, Annelies is a trusted guide for leaders, dreamers and seekers forging change. Fancy titles aside, Annelies is a Process Artist who helps professionals transform unexpected change into inspired action, serving as a bridge from what was to what's next— mindfully and creatively.

Having traveled 22 countries and 48 US states, Annelies discovered that most people want the same three things: to be heard, to feel safe and to hold a sense of belonging. How we get there is what triggers conflict and separation. Getting comfortable with what's uncomfortable is important and matters to all of us.

Both in-person and from the stage, Annelies facilitates a provocative integrative approach to navigating change that opens eyes and soothes the soul. Clients include IBM, GSK, SAS, City of Raleigh, Wake Forest Baptist Medical Center, Fidelity Bank and NC Bar Association. Learn more about Annelies and her book *From Chaos to Calm : Leading Change from the Inside Out* at [www.conduitforchange.com](http://www.conduitforchange.com)

Learn more about Annelies at [www.conduitforchange.com](http://www.conduitforchange.com).



## Summit Presenters

### **Natasha V. Godwin, MSA, CPEC, CAC**



Natasha Godwin is an educator, life coach, and inspirational leader with a passion for empowering others to live happier, healthier lives. She is currently enrolled at the Institute for Integrative Nutrition.

Natasha has a new appreciation for life, after experiencing a life-threatening illness. She was blessed to receive the gift of life from her sister Terri, who donated a kidney to Natasha. She now inspires and challenges others to live their best life, because she knows first-hand how precious life is. Natasha has a passion for empowering and motivating clients who feel stuck, to overcome obstacles and pursue their dreams.

Connect with Natasha at [www.godwinslifecoaching.com](http://www.godwinslifecoaching.com)

Download the app at [app.godwinslifecoaching.com](http://app.godwinslifecoaching.com).

### **Margaret Jerger, PhD**

A parent of four children and a grandparent of five, Peg Jerger has never stopped believing that reading is something children can do...if they can learn to hear and understand the sounds that make up the words. That passion led her to research and create a technique that she continues to share with parents and teachers.

Peg spent more than 45 years as a Speech and Language Pathologist, working with children of all ages and continues to do the work she loves as a consultant to local schools.

Peg earned Bachelor's and Master's degrees in Speech Therapy from Northwestern University and a Ph.D. in Education at George Mason University.

Contact Peg at [info@soundstep.net](mailto:info@soundstep.net).





## Summit Presenters

### **Richard Kurth, BA, CCPC, ELI-MP**



Following a work life incorporating commercial banking, international banking, capital markets trading, C-suite executive recruiting, non-profit disaster relief and limousine driving, Richard founded Richard Kurth Coaching as a component of Lantern Light Workshop in 2018. Lantern Light Workshop produces creative expression and special events for individuals and small groups.

Learn more about Richard at [www.richardkurth.com](http://www.richardkurth.com).

### **Rebekah Layton, PhD, CMC, PCC**

Rebekah Layton, PhD, CMC, PCC, is the Director of Professional Development Programs at the University of North Carolina at Chapel Hill. In that role she provides individual career coaching and leadership mentoring for trainees.

A published author on professional development and career outcomes, contributor to Inside HigherEd Carpe Careers, and a member of the Graduate Career Consortium (Southeast Regional Director), Rebekah designs, implements, and evaluates a comprehensive professional development program in the Office of Graduate Education supporting biomedical graduate and postdoctoral trainees.

Rebekah firmly believes that exciting career options await each trainee, and helps individuals identify and capitalize on their strengths to launch their career success.

Connect with Rebekah at [rlayton@unc.edu](mailto:rlayton@unc.edu).





## Summit Presenters

### Carol Locke, ACC



Carol is an ICF ACC credentialed coach with a focus on leadership development for new IT managers. She worked in the information technology industry for 25 years before pursuing her passion of coaching full time. Carol now combines her professional world experience, along with lessons she's gleaned from her many coaches, to help her clients realize their full potential.

Carol is the owner of Prism Coaching LLC. She completed her coach education through [Healthcare Coaching Institute](#). Carol is also certified in Tilt 365 True Tilt Personality Profile, Tilt 365 Positive Influence Predictor, and the Coach Master Toolkit. Carol serves the local ICF Raleigh Chapter as the upcoming Programs Chair.

When she's not coaching, Carol enjoys cycling, spending time with her family. Her husband of 30+ years, John, is the love of her life and her biggest supporter.

You can connect with Carol at [CoachCarol@prismcoaching.com](mailto:CoachCarol@prismcoaching.com) and <https://www.prismcoaching.com>.

### Maryam Mohaghegh, MSc

Maryam is the founder of Coaches in Academia, an online community of coaches in Higher Education. She is a Lecturer of Persian Language at NC State University, a member of the Board for Student Success and an advisor for Asian Languages.

Maryam developed expertise as a scientist, before turning her energies toward languages and teaching. Recently, she blended her passion for helping students learn with her passion for serving the whole person through coaching. A graduate of the Business Coach Institute at North Carolina State University, Maryam believes coaching is the core of Higher Education as students design their future path to bring it forward.



Connect with Maryam at [mmohagh@ncsu.edu](mailto:mmohagh@ncsu.edu).

## Summit Presenters

### Christine Rosier,



Christine is an Assenter Coaching certified executive leadership and team development coach with a primary focus on millennials and emerging leaders. She has been effective in helping organizations and leaders meet the challenges they face each day. As a former Senior Vice President for a global healthcare technology company, Christine coached and developed staff in several client-facing areas of the enterprise.

Christine provides clients with the insights and skills necessary to establish leadership and team development practices that drive effective, successful companies. She has worked with companies in the Americas, Europe and the Middle East.

Connect with Christine at [crosier@centerforleadershaping.com](mailto:crosier@centerforleadershaping.com).

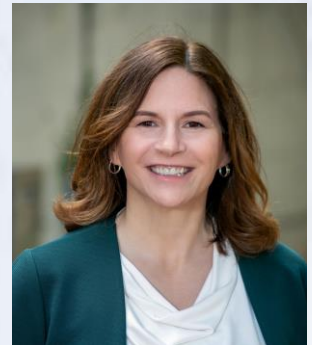
### Dawn Potter Sander, M.Ed., ICF-ACC

Dawn is an executive coach, organizational development consultant, and dynamic facilitator passionate about helping people, teams, and organizations perform at their peak. For over 25 years, Dawn has developed leaders and cultivated engaged teams around the world. She has served in a variety of leadership roles in Human Resources (HR) and Talent Management for Fortune 500 companies. Dawn founded [DPS Leadership LLC](https://dpsleadership.com) to invigorate organizations and teams by developing conscious leaders.

Dawn earned her Coach Certification from Columbia University, completed an Executive Coach Certification Program with Assenter Coaching, and has been a Gallup Strengths Performance Coach since 2008.

When Dawn is not helping leaders, she may be found traveling, cheering for her favorite sports teams, running on the trails around town, or most likely with her husband, chasing her twin daughters.

Connect with Dawn at <https://dpsleadership.com>.



## Summit Presenters

### **Mindy Schrager, ACC, MBA, NCC**

[Mindy Schrager](#) is an ICF ACC credentialed coach whose focus on transformation and growth was fueled by her corporate career driving change and her own personal healing journey. During her healing journey, she attended Debbie Ford's life-changing Shadow Process workshop, which led her to become an Integrative Coach, certified through JFK University and The Ford Institute in Blueprint, Courage, Future Focused, and Healing Your Heart coaching.



Mindy has certifications in other transformational approaches, such as Voice Dialogue, Family Constellations, Systemic Dynamics in Organizations, Barrett Values, NLP, and Aura-Soma among others. Mindy blends these approaches with her 30+ year corporate career working for industry-leading organizations (Motorola, Fidelity Investments, IBM) driving quality and process change through cross-organizational collaboration.

Whether it is getting to the root cause of corporate dysfunction or shining the light on hidden patterns that keep us from flourishing, Mindy uses a systemic approach to support people to step into a new or expanded expression of themselves.

Connect with Mindy at [systemsofchange@gmail.com](mailto:systemsofchange@gmail.com)

### **Linda Selner Vasquez, MBA, CPC**

Linda Selner Vasquez is a Branding Strategic, Speaker, Certified Professional Coach (CPC) and founder of Branding Your Passion. She absolutely loves to support dedicated, passionate entrepreneurs to grow thriving businesses. She partners with them on their entrepreneurial journey, where their passion, purpose, and desire to make a difference are fused with creating a prosperous business and fulfilling life.

Linda has over 15 years of successful corporate Branding, Marketing and Communications experience. She holds an MBA, a B.S. in Marketing and an A.S. in Respiratory Therapy. Linda is a lifetime animal lover and donates a portion of profits to animal charities.



Contact Linda at [www.lindavasquez.net](http://www.lindavasquez.net) and  
LinkedIn: <https://www.linkedin.com/in/lindavasquezgo/>



## Summit Presenters

### Abby Yanow, ACC



Abby Yanow has been a facilitator, Leadership Coach, and Organizational Development consultant for 18 years. She coaches leaders to increase their influence and to communicate more effectively. She also coaches leaders on team engagement, virtual facilitation and leading change. Abby's clients see her as a trusted ally and value her professional maturity and insight, which enable her to easily generate rapport.

Abby is an ICF-credentialed coach. She has certifications in Organizational Development and Mediation. Abby has been President of the Boston OD Network (Boston Facilitators Roundtable) since 2001.

You can connect with Abby at [www.skillfulfacilitation.com](http://www.skillfulfacilitation.com) and [www.linkedin.com/in/abbyyanow](https://www.linkedin.com/in/abbyyanow).